

Energy Saving Tips

Saving energy right in your own home is easy. These practical solutions are things you can start doing today and add up to big savings.

- Install a **programmable thermostat** to lower utility bills and manage your heating and cooling systems efficiently.
- **Air dry** dishes instead of using your dishwasher's drying cycle.
- **Turn things off** when you are not in the room such as lights, TVs, entertainment systems, and your computer and monitor.
- Plug home electronics, such as TVs and DVD players, into **smart power strips**; these automatically turn off the equipment when not in use -- TVs and DVDs in standby mode still use several watts of power.
- **Lower your water heater** thermostat to 120°F.
- Take short showers instead of baths and use **low-flow showerheads** for additional energy savings.
- Wash only **full loads** of dishes and clothes.
- **Keep windows and doors closed** when heating or cooling your home.
- Look for the **ENERGY STAR®** label on light bulbs, home appliances, electronics, and other products. ENERGY STAR products meet strict efficiency guidelines set by the U.S. Environmental Protection Agency and the U.S. Department of Energy.

